

How it all Started?

Real Support Choices was created by a motivated team who identified a straightforward solution to a very stressful problem.

After realising the frustration self-managing Aged Care & NDIS participants and their carers were experiencing, we set out to find a way to make life easier.

More than three years in the making, this software solves a well documented shortfall in the Government's Aged Care & NDIS programs, offering a simple way to self-manage participant care.

An APP solution that saves time and money.

Self-Management Made Easy

Real Support Choices offers an easy to use online software for self-managing Aged Care & NDIS participants.

With a few simple clicks, create and update rosters, send notifications, organise payments, and keep track of budgets.

The software has been designed and implemented with the help of Aged Care & NDIS participants and carers, to be as user-friendly as possible.

The features allow better self-management employment obligations, helping track and make sure payments are accurate and timely.

Real Support Choices are proud and excited to be providing a technology solution that gives back.

HELPFUL TIPS AND INFORMATION

Portraying people with a disability in the media

People with a disability should be portrayed as active members of the community rather than inspirational or victims or sufferers.

Writing and reporting

- Use person-centred language that respects people with disability as active individuals with control over their own lives.
- Try not to make the person's disability the main focus of the story. Ask the person how they would like their disability described.
- Avoid excessive emotive language and negative words such as *suffer* or *misfortune*. On the other hand, don't patronise; sensationalising the achievements of a person with a disability should also be avoided.

Do Use	Don't Use
People with disability / person with a disability	Disabled people / disabled person
...has [name of condition or impairment] eg. Sarah as autism spectrum disorder	Afflicted by, suffers from, victim of eg. Sarah suffers from autism
Person with [specify disability] eg. Police are searching for an 11-year-old boy with autism	Autistic person eg. Police are searching for an 11-year-old autistic boy
Person who uses a wheelchair, or wheelchair user eg. Tom uses a wheelchair	Wheelchair-bound, confined to eg. Tom is confined to a wheelchair
Accessible parking, toilet	Disabled parking, toilet

Interviewing

- When arranging interviews and photographs, consider the location. Is there accessible parking and toilets? Are there ramps or elevators in the building? Interpreters or support workers may also be required.
- Try to give the person with a disability a voice and where possible, give them the opportunity to be quoted.
- Ensure photos and vision are positive and respectful.



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